

**Social, Emotional, and
Behavioral Wellness: Resources
and Funding Ideas to Expand
Schools' Whole Child
Approaches**

**Title Con
April 24, 2019**



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Working Together for Student Success

Presenters

- Christy Berger – Assistant Director of Social, Emotional, and Behavioral Wellness
- Jess Yoder – Project AWARE Specialist
- Jordyn Moses – Title IV, Grant Specialist
- Lacey Bohen – Title IV, Grant Specialist



Objectives

1. Receive a guided tour of IDOE's new social, emotional, and behavioral wellness resources, including future professional development opportunities for educators around the state
2. Learn how to capitalize on available funding and creative ways to supplement with community resources
3. Consider their school or district's use of the Multi-Tiered Systems of Support framework to identify student needs and how social and emotional learning can be infused into tiered interventions



Why Address The Whole Child Wellness In Schools?



An estimated 3.8 million Hoosiers live in mental health professional shortage areas.

One in five youth, ages 12-17, get the recommended amount of exercise.

The child abuse and neglect rate has nearly doubled in the past 10 years.

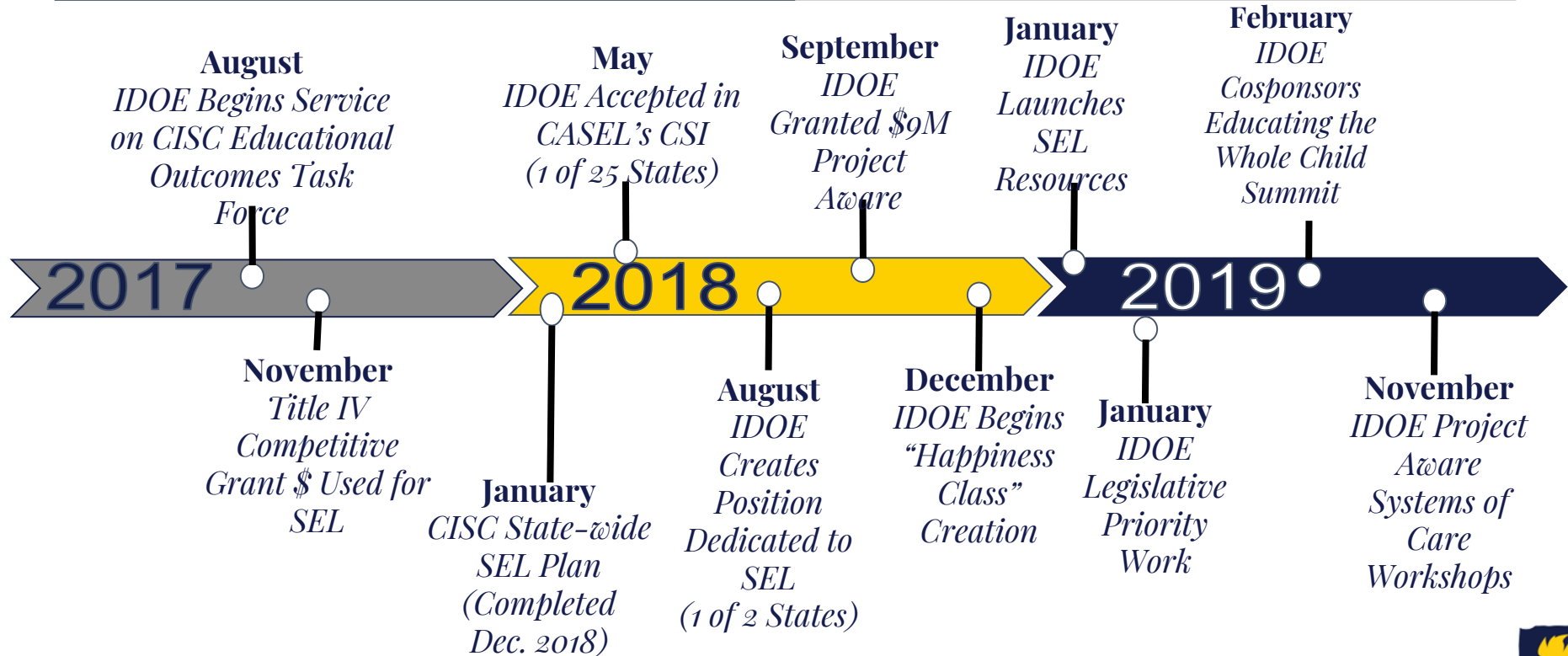
In Indiana one out of five high school students seriously considered attempting suicide in the last 12 months.

In 2017, there were 483 juvenile youth who received treatment for mental health illnesses

Source [IYI Kids Count Data Book 2019](#)



IDOE SEL Timeline



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Indiana Department of Education

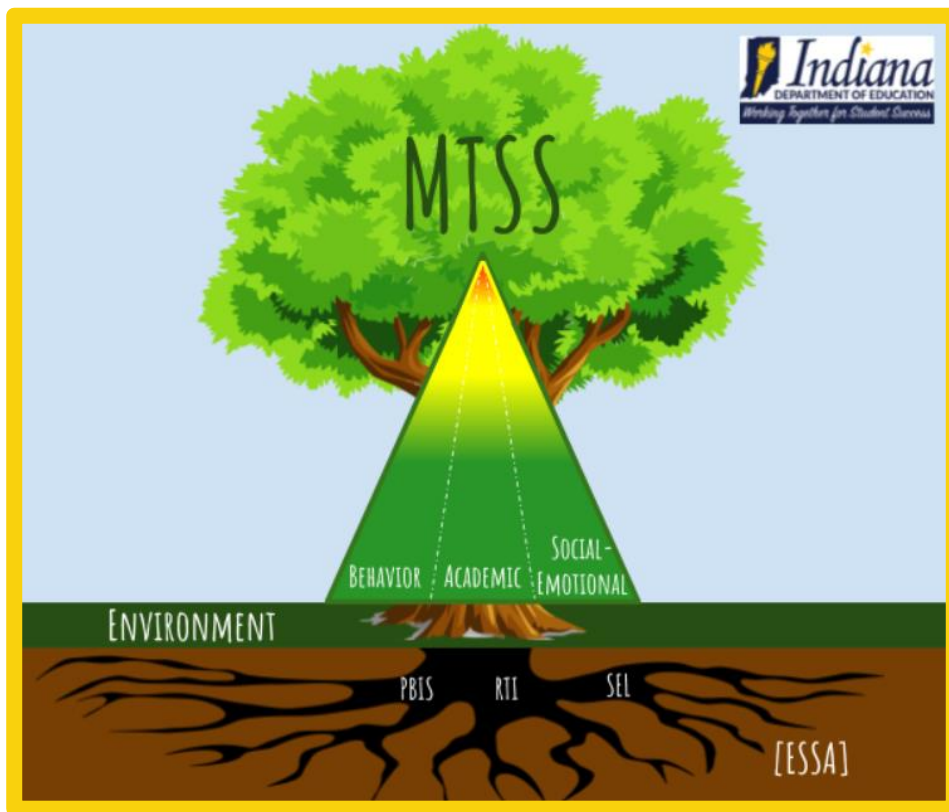


Social, Emotional, and Behavioral Wellness at IDOE

- ★ Newly created position of Assistant Director of Social, Emotional, and Behavioral Wellness at IDOE- Christy Berger CBerger@doe.in.gov Social, Emotional, and Behavioral Wellness
 - Mental Health Supports for students
 - Multi-Tiered Systems of Support
 - School Improvement
 - Staff to support work: Courtney Hott, Jeff Wittman, and Jessica Yoder
- ★ Social, Emotional, and Behavioral Website is [live!](#)
- ★ Toolkits for Social-Emotional Learning to support Multi-Tiered Systems of Support.
- ★ Project AWARE grantee



MTSS Framework



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IDOE Resources


www.doe.in.gov/sebw

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@ChristyADSEL

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Search




PROGRAMS DIRECTORY EVENTS NEWS DATA RESOURCES FOR...

SEBW / SOCIAL, EMOTIONAL, AND BEHAVIORAL WELLNESS

Social, Emotional, and Behavioral Wellness


Posted: Wed, 01/09/2019 - 1:25pm Updated: Mon, 01/14/2019 - 3:16pm

According to CASEL®, "Social and Emotional Learning is the process through which children and adults acquire and effectively apply the knowledge, attitudes, and skills necessary to understand and manage emotions, set and achieve positive goals, feel and show empathy for others, establish and maintain positive relationships, and make responsible decisions."



Christy Berger | Assistant Director of Soc... Watch later Share

- Indiana Social-Emotional Learning Competencies
- Toolkits
- Early Learning Crosswalk
- SHAPE System



INDIANA SOCIAL-EMOTIONAL LEARNING COMPETENCIES

Social, Emotional, and Behavioral Wellness

- IDOE Student Services
- IDOE Multi-Tiered System of Supports (MTSS)
- Title IV
- Indiana School Mental Health Initiative®
- LookUP®

Contact

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What is Social-Emotional Learning?

According to [CASEL](#), “Social and Emotional Learning is the process through which children and adults acquire and effectively apply the knowledge, attitudes, and skills necessary to understand and manage emotions, set and achieve positive goals, feel and show empathy for others, establish and maintain positive relationships, and make responsible decisions.”



Why Social-Emotional Learning?



CASEL vs. Indiana Competencies



© CASEL 2017



Infographic created by Dr. Brandie Oliver, 2018



Benefits of Social-Emotional Learning

Social-emotional learning interventions increased students' academic performance by 11-percentile points compared to those that did not participate in SEL programs. [Source](#)



On average, there is an \$11 return on investment for every one dollar spent on Evidence-Based Social-Emotional Learning Programming - ranging from a reduction in suspension rates, juvenile crime rates, his/her lifetime earnings, and overall better mental and physical health. [Source](#)



Benefits of Social-Emotional Learning

Teaching social-emotional skills in Kdg. leads to students being more likely to:

- Graduate from high school and college
- Have stable, full-time employment

And less likely to:

- Commit crimes
- Be on public assistance
- Struggle with substance abuse, and mental health problems as young adults

[Source](#)

Social-emotional programs can have a positive impact on teachers, as well. When teachers are receiving professional development and implementing SEL programs they can see an:

- Increase positive feelings about their job and students
- Increase efficacy for regulating emotions
- Reduction in stress levels
- Increase in overall SEL competence.

[Source](#)



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Title IV

- Federal funding in three key focus areas:
 - Focus Area A
 - Access to well-rounded education
 - Focus Area B
 - Safe and Healthy Schools
 - Physical and mental/emotional safety
 - Focus Area C
 - Technology integration
- Entitlement funds
 - Title I districts also receive Title IV



Benefits

- Multifaceted
- Allows for funding on tangible and intangible facets of education
 - Efforts to improve test scores
 - Art education
- Allows for school leaders and staff to meet students at social-emotional areas of need
 - Adding student services staff
- Innovation
- Invitation for collaboration across your district
- Various Forms of Use
 - Fits in with CTE efforts, the JAG program, counseling services, tech integration, and much, much [more!](#)

NEW funding stream
for SEL and mental
health supports!



Important Dates

- July 1 – deposit from the U.S. Department of Education for all funding pools
- August 31– deadline for Title IV submission
- Funds are good for 27 months



Strong Examples

- Offsetting the cost of:
 - counseling services for students
 - JAG specialists
- Covering the cost of AP and IB courses and exams
- Professional development for all staff
- Partnerships with community organizations
 - E.g. offset costs for community mental health center services
- Camps and service learning projects where students learn leadership and build new experiences

What is your school/districts' greatest concern?



Brainstorm with Us!

- What effort would you like to see occur?
 - Title IV specialists pre-plan with districts upon request

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